



## A BIT from BITSIE:

### Planning for the Future

While HomeHaven's six Villages and our Board, committees, and volunteers have been working hard to keep our members living healthy and vibrant lives, a group of unsung heroes has been working diligently behind the scenes to put together a plan for HomeHaven's future. The Strategic Plan Task Force — chaired by Hal Spitzer with members Peggy and Allan Atherton, Louis Audette, Bill Brainard, Jane Jervis, Patty Langdon, Prish Pierce, and Sheilah Rostow — has been meeting since last winter with Mark Nickel and Soren Graae from Cross Sector Consulting. The resulting three-year Plan has been approved by the Board and is now available to our members through our website (see below).

The Strategic Plan for 2017-2019 has four goals:

- Become a More Effective and Efficient Organization
- Champion Healthy Aging
- Add 200 members by 2019
- Increase Community Service

Our previous Strategic Plan (2012-2016) led to our developing a successful hub and spoke structure now being copied by other Villages across the country. It has helped us recruit new members; welcome them into a lively local community; engage them in wellness, cultural, educational, and social activities; and give them access to a number of volunteer services, including transportation, visiting, and computer assistance.

The new Plan recognizes that our goal is not just providing services to help keep our members in their homes, but also to inform ourselves and the larger community about issues of aging and how to deal with them. So we will be turning our attention to increasing and improving the support services for ourselves and for this outreach through better

*continued on page 2*



*Hal Spitzer and Bitsie reviewing the Strategic Plan*

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marketing, fundraising, volunteer training, and community engagement. This will take lots of work, lots of new learning and, in many cases, going out of our comfort zone to grow and prosper. We need as many of you as possible to help. Please download the Plan and see where your skills can be put to work, or what new skills you would like to develop, then give me a call at 203-776-7378 and we'll talk about what you would like to do. I guarantee that it will be interesting, useful, and lots of fun!!

Members may get to the Strategic Plan from our website [www.homehavenvillages.org](http://www.homehavenvillages.org) where you will find a link; you will need to log on to follow that link. If you don't remember your password or how to log on, or if you have trouble using your computer, call the office (203-776-7378) for free and friendly help from Kate or from one of our volunteers.



Frances T. "Bitsie" Clark, Executive Director

### TRIGGER WARNING!

If you will be upset or offended by a vulgar but commonly used term for a certain vital bodily fluid, you are advised to avoid reading "Asparagus" on page 7 of this newsletter. Should you see it by accident and be traumatized, the HomeHaven office will serve as a safe space where Bitsie, Kate, and Lydia will provide tea and sympathy.

### HomeHaven News

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Layout and design by PIROET



**April 6 , 7 pm**

Now in its fifth year at HomeHaven, Mud Follies is firmly embedded as an ancient tradition. Old favorites and new talents will cast off all inhibitions for your entertainment. Join us for an evening of song and dance, poetry, magic, and instrumental solos and ensembles. And if all that toe-tapping and those wild standing ovations make you hungry and thirsty, there will be a fabulous reception to follow. *For details, see page 10.*

### ... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 73 rides by volunteer drivers
- 24 visits by volunteer visitors
- 6 computer assists by volunteer computer helpers
- 8 referrals to volunteers or vetted providers for household help

Note: Members often call a service provider more than once without informing the office. You can help us keep records by always letting us know each time you use a provider we recommended. ***It's important!!***

*Look for monthly reports giving rolling three-month totals.*

# MEET OUR MEMBERS: A Conversation with Jane Lederer

by Jane Jervis



I met with Jane Lederer in her gracious apartment on Whitney Avenue, the very apartment I had lived in when I first moved back to New Haven — a strange coincidence. Rosy, Jane's labradoodle, greeted me with a lick and a nudge; Rosy is the sister of Harley, the labradoodle of Carolyn Kovel and Janet Rozen, whom I interviewed for the February 2017 Newsletter — another coincidence. Both dogs were obtained from Australia, as three-month-old puppies arriving together by air. They have other siblings around the world.

Jane's parents were refugees in 1939 from Vienna, arriving in Indianapolis where Jane was born and lived until she was 16, when they moved to Cincinnati. The family spoke English together (her mother had been fluent in English), though her parents spoke German when they were telling secrets (so of course she came to understand German quite well!)

Always artistically inclined, Jane went to the University of Chicago and then to the Art Institute of Chicago. But after only a year she realized that, if she wanted to be financially independent, she needed a profession other than art. She transferred to the School of Social Work at the University of Chicago and worked in a residential treatment center for a couple of years before she was recruited by Yale-New Haven Hospital.

For a decade she did family and group therapy in the inpatient unit as well as planning for post-hospital dispositions. She also participated in the supervision and training of psychiatric residents as part of the clinical faculty in the Department of Psychiatry.

Toward the end of her time at Yale-New Haven, Jane started her own independent practice. Jane loved her work as a psychotherapist. She enjoyed the interaction it gave her with people, and felt liberated by private practice and the professional independence it provided. She maintained her office for about 35 years, eventually winding it down three years ago.

But Jane always remained an artist at heart. Her walls are filled with art: an antique crazy quilt, her own photographs, and paintings by herself and her friends. She is in a class of able photographers who critique one another's work and she actively pursues her art with both drawing and photography.

Jane's many years of practice were supported by her marriage to Gil Rosenbaum, a lovely, sweet, and entertaining man she met through one of her colleagues. They worked out all the kinks in the relationship in advance, she says, and she felt blessed in her marriage. They travelled often and explored the world together, but her husband died prematurely in 2000.

After this loss, her sixties turned out to be highly active. While continuing her counseling practice, she took up scuba diving and completed some 40 dives. She didn't give up traveling, but now goes with groups rather than independently. Some of these trips are walking tours, some organized for photography, and some just for exploration. She has gone to Bhutan, India, Morocco, and Ireland, among other destinations, often returning with a trove of images for creative fuel.

Jane finds herself in a calm period now. Retired from her practice, she contemplates a new phase of her life. She does, however, miss her adventurous life. Travel continues to beckon.





# HEALTH MATTERS: Vitamins and Minerals

by Robert Gifford, M.D.

Despite the fact that at least half of older Americans swallow a multivitamin every day, there is no valid scientific reason to support that habit, especially if we are eating a regular diet that includes a few fruits and vegetables and an occasional bit of enriched flour or breakfast cereal.

However, there are a couple of specific circumstances where an individual vitamin supplement may indeed be medically useful, particularly for older adults. There is now some evidence supporting the effectiveness of supplementing **vitamin D** for those of us over the age of 65, who spend much of our time indoors away from sun exposure, and who are at risk for falls. Furthermore, because individuals over seventy absorb one-third less **calcium** than do younger adults, and often drink less milk than before, we also need to ensure that we ingest the 1200 mgm of elemental calcium that we need each day to maintain healthy bones. Much of this calcium can preferably be obtained through food or by drinking fat-free or low-fat milk (each cup contains 300 milligrams of calcium). But if that's not possible, the balance can easily be made up by taking calcium citrate tablets, each containing 250 milligrams of elemental calcium and 400 units of vitamin D.

Vegans and older adults, may also want to consider adding 500 to 1000 micrograms of **vitamin B12** daily because intestinal absorption of that vitamin also tends to decrease as we age. It is increasingly common that some older adults have been found to be somewhat deficient in vitamin B12, a molecule important in the bone marrow production of red blood cells. However, other than vitamin D and vitamin B12, there is little evidence that other routine vitamin supplements or multivitamins are useful.

## Herbal and other Dietary Supplements

Americans spend over \$31 billion a year on non-prescription health products. Much of that total is for multivitamins, vitamin supplements, minerals, and herbal supplements with little or no scientific evidence of their benefit to overall health. If protein powders are included, supplements are as large a market as all organic foods combined.

As many as one in five U.S. adults use herbal and other dietary supplements. There are currently 65,000 dietary supplements on the market and only a tiny fraction of them has ever been tested by the FDA. These products keep many small natural groceries

in business yet there is little or no evidence that they improve health. When tested, many are found to contain banned substances, or contaminants, or other plant materials. Supplement makers maintain a powerful lobby to keep Congress from truly regulating the industry. The manufacturers are fond of sowing small seeds of doubt about scientific studies that show little use for or effectiveness of their products.

It is important to recognize that indiscriminate ingestion of multivitamins and herbal supplements can sometimes actually be harmful. For example, vitamin K can significantly reduce the ability of the blood thinner Coumadin to prevent blood from clotting. St. John's Wort can speed the breakdown of many drugs (including antidepressants and birth control pills) and thereby reduce these drugs' effectiveness. Antioxidant supplements such as vitamins C and E might reduce the effectiveness of some types of cancer chemotherapy. Quite frankly, most of these herbal supplements and high-protein powder drinks should be avoided by normal individuals. There is absolutely no substitute for a balanced diet of real food in the long run.

Once in a while, a malnourished elderly person who has lost appetite, has difficulty chewing, or has had significant weight loss, may benefit from substituting a meal here and there with a supplemental nutrition shake such as Ensure or another of a wide variety of supplements available for oral supplementation. Again, though, be aware that some drinks may contain vitamin K, and sudden changes in vitamin K intake may interfere with the effect of warfarin (Coumadin).

*Dr. Gifford (aka Bob or the Doctor of Doggerel) is Professor of Medicine Emeritus at Yale University School of Medicine and Chair of HomeHaven's Health Committee. He writes this column in collaboration with members of the Committee. Suggestions for subjects are welcome and may be sent to Bob at [bobbygi32@gmail.com](mailto:bobbygi32@gmail.com).*

***"The impersonal hand of government can never replace the helping hand of a neighbor."***

- Hubert H. Humphrey

## A Family Gift

Sponsored by the Hamden and North Haven Villages, Sheilah Rostow gave a reprise on March 20<sup>th</sup> of the popular talk she had previously given to East Rock, Westville, and Amity Villages. About 18 people attended.



At the North Haven Library, Sheilah introduced the workbook, *Checklist for My Family: A Guide to My History, Financial Plans, and Final Wishes*, by Sally Balch Hurme. Hurme calls doing

this work “a family gift” because it helps you collect and organize your personal and financial records and explicitly spell out your wishes in case of debilitating illness or death.

Methodical, clear, and detailed, the workbook is easy to use. What is daunting is realizing how much information you carry around in your head, including the location of all your documentation. Imagine how difficult it might be for a loved one to find it if you are not able to help, or how expensive for a stranger!

There are many checklists, and Sheilah shared tips on how to eliminate those that don't apply to you. Unfortunately, however, it does not help us decide what to do with all our accumulated stuff, though it does help to organize an inventory for valuables.

The workbook, published by AARP and the American Bar Association, is available from the ABA at [www.shopABA.org](http://www.shopABA.org) for about \$20.

## HomeHaven Helps

by Jane Jervis

*A new feature for our Newsletter describes ways in which HomeHaven has helped our members. All names have been changed to protect privacy. If you would like to be interviewed for this feature, please contact Jane at [hh.jervis@comcast.net](mailto:hh.jervis@comcast.net).*

### Roxanne

A woman of formidable intelligence and will, Roxanne (not her real name) shaped an academic department at Yale. She did not mince words — strong men, students, and family alike quailed before her. But she also had devoted colleagues and students who worshipped her and stayed in touch with her until the very end of her life.

Following the advice of neighbors, she joined East Rock Village as she was approaching major surgery in her late eighties. Post-op, Roxanne wanted to go home. She hated rehab, but she couldn't be released unless she had full-time help at home for at least two weeks. East Rock Village found a helper for her and even installed an air conditioner in the apartment — a herculean task due to antique wiring. Daughters were mobilized, members came to visit, she was able to dismiss the helper. But soon she was back in the hospital again, was again discharged to home, the helper was brought back, and visitors returned. A series of small strokes kept her bed-ridden and eventually deprived her of speech, though not of understanding. Professional colleagues from around the world phoned and spoke with her, and finally, in consultation with her daughters, East Rock Village summoned Hospice at Home. Roxanne died in her own bed, as she had wished.

Even after her death, East Rock Village continued to be involved with her daughters as they settled her affairs.

## Hot Soup Warms up a Cold Day

Homemade soups and sides hit the spot as 15 members of East Rock Village braved the snow and ice, joining old friends and new to enjoy a Soup Saturday at the home of Gretchen and Charlie Kingsley.

At left: Among the attendees are (L to R): Brian Skinner, Catherine Skinner, Jeanne Kerr, Harriet Bergmann, Peggy Atherton, and Joan Prum.



Photo by Jane Lederer

# RESPONSIBLE DOWNSIZING: What Do I Do with Books?

by Elaine Piraino-Holevoet

If you are like me, you have acquired quite a few books over a lifetime of reading. If you are ready to share some of them, here are some opportunities.

## I. DONATING

[New Haven Reads](#) provides after-school tutoring, educational family support, and a community book bank, all at no cost to participants. Its book bank operates like a free book store, distributing some 130,000 books to children and adults each year. To do its work the book bank depends upon donations.

Donated books must be in good to excellent condition. New Haven Reads DOES NOT accept encyclopedias; multiple copies of textbooks; magazines; or VHS tapes. The full list of acceptable book genres is available [here](#). Please note that there are publication date restrictions for some categories.

If you have a small donation, you may drop off books at 45 Bristol Street in New Haven on weekdays between the hours of 1 and 6 pm. To schedule a larger donation or a drop-off during other hours, please email [books@newhavenreads.org](mailto:books@newhavenreads.org).

## II. TRADING

If you are interested in trading your books, check out [Books & Company](#) at 1235 Whitney Avenue in Whitneyville where “high-quality, pre-loved books can be traded for credits toward book purchases.” Call (203) 248-9449 for more information.

[The Book Trader Café](#) at 1140 Chapel Street in New Haven offers cash or credit for the books it accepts. The Book Trader IS interested in: academic works; art, architecture & photography; drama & literary fiction; current edition textbooks (highlighting/notes ok!); jazz & classical CDs; and DVDs in very good condition. The Book Trader IS NOT interested in: romance novels, hardcover mysteries (unless newly published), encyclopedias, or condensed books.

The buyer is usually at the store on weekday afternoons; if he is unavailable you will be asked to leave your books with contact information. Any books the store cannot use will be donated to New Haven Reads. If you would like to get a price quote or would like to keep the books the store doesn't want, please call ahead (203) 787-6147 to make an appointment.

## III. SELLING

[Whitlock's Book Barn](#) at 20 Sperry Road in Bethany offers approximately 50,000 books in over [30 categories](#). Store manager Meg Turner affirmed,

“We are constantly buying books.” The best selling categories are history, psychology, philosophy, music, and children's.

But she cautioned that they “buy very selectively” and offered some guidelines. “We are especially interested in books from academic presses...We buy cookbooks from famous chefs or if they are clean and modern...For the most part, we don't buy modern fiction with the exception of best sellers or well known authors. We don't buy mass market paperbacks, but we do buy the larger trade paperbacks. We do not buy reference books or encyclopedias.”

Meg emphasized that it is the quality of the book, not its age, that matters the most. Books need to be unmarked and in good condition. If you think you have books that fit the bill, you should call (203) 393-1240 from Wed-Sun between 10 am and 5 pm and describe what you have. If they are interested they will make an appointment for you to come out.

A bit farther afield, the [Book Barn](#) in Niantic has an inventory of over 350,000 volumes of “gently used books.” Their complete buying policy is available [here](#). In short, they are interested in a wide variety of items: hardcover and trade-sized fiction; mass-market (pocket) paperbacks; hardcover and trade-sized nonfiction; children's chapter and picture books; audiobooks; DVDs and Blu-Ray; comic books.

Items they will NEVER accept include: book club editions; encyclopedias; ex-library stock; Harlequin, Regency or love-inspired romances; Reader's Digest Condensed Books; textbooks; tapes of any variety.

No appointment is necessary. Buying hours are 11 am-6 pm daily. They will write you a check or give you store credit (worth 20% more than the check offer) for what they can use. Note that the check option is NOT available on Thursdays and Fridays from November 1-March 31.

## IV. ENCYCLOPEDIAS

Encyclopedias are a special case. No one wants to buy them, and agencies including Goodwill, Helping Hands, and the Salvation Army do not accept them. If you own a set and have some time and talent on your hands, perhaps you can repurpose them into something else. Here are some ideas on [Pinterest](#). Have fun!

*Elaine Piraino-Holevoet is the author of the blog [ontheroadtogreenness](#) and the graphic designer of HomeHaven News.*



## Susan Feinberg's "Othello" Talk on YouTube

HomeHaveners who had to evacuate the Mitchell Library in Westville last December just as Susan was nearing the conclusion of her talk — "Othello and Desdemona's Marriage: Consummated or Not Consummated and Why it Matters" — can now learn her answer to that question by watching the missing 13 minutes on YouTube! Susan will also repeat the full talk on Friday, May 5, at 100 York Street (for details, see Events, p. 10).

Here are two ways to locate the video:

HomeHaven members may sign in to the HomeHaven website, click on "Videos and Media" in the menu on the left, choose Susan Feinberg *Othello*, and click "Play."

Or to view it on YouTube:

1. Go to YouTube: <https://www.youtube.com/>
2. In the "Search" space at the top of the page enter: **HomeHaven Villages**
3. Click on **Susan Feinberg- Othello (Finish). MP4** to hear the end of Susan's talk.
4. You may also watch the video by HomeHaven donor Holly Pruett, daughter of Jane Jervis, on the value of HomeHaven from the perspective of her generation.

Thanks to the efforts of Lydia Bornick, HomeHaven has entered the 21<sup>st</sup> century by becoming a subscriber to YouTube. Keep your eyes open for more videos and talks in our future.

## Introducing New Members

*HomeHaven is delighted to welcome the following members who joined us last month.*

Fred Linton and Barbara Mikolajewska  
~ East Rock

Brian and Catherine Skinner ~ Downtown



## LINKING UP

*Links to items of interest recommended  
by newsletter readers.*

One of our members recommends *Healthbeat* from the Harvard Medical School, helpful bulletins with solid health information for older people. Sign up for this free email newsletter [here](#). You will also find a variety of articles, videos, and tips for healthy living.

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## VILLAGE VERSE: Asparagus

In our house there's such a fuss  
When Karlee serves asparagus.  
The family all has made the link  
That this food makes the urine stink.

But what I want to know is this:  
Does every one get smelly piss?  
Or are there some who cannot tell  
Because they've lost their sense of smell?

*by Bob Gifford, Doctor of Doggerel  
East Rock Village*



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## LAUGHTER, THE BEST MEDICINE: Count Your Blessings

Every ten years, the monks in the monastery are allowed to break their vow of silence to speak two words. Ten years go by and it's one monk's first chance. He thinks for a second or two before saying, "Food bad."

Ten years later, it's his turn again. "Bed hard," he says. A decade later, the big day comes around again. He gives the head monk a long stare. Then he says, "I quit." "I'm not surprised," the head monk says. "You've been complaining ever since you got here."

# COMPUTER CONNECTION: Podcasts and How to Hear Them

by Christa Sammons

The word combines *iPod*, the Apple pocket computer, and *broadcast*. A podcast is a radio show on demand: your computer grabs it from the web, puts it on your computer, tablet, or smart phone, and you listen to it when and where you like. Here's how to get started.

For openers, click on this link and watch the video [Ira and Mary](#). Public radio's Ira Glass and his friend Mary, "a genuine older person," explain how to get podcasts.

Ira Glass is plugging the popular podcast "Serial," a spin-off of his radio show "This American Life." Over several episodes, "Serial" offers in-depth analysis of an issue in the news. Season 2 (2015-16), for instance, examined the captivity and release of Private Bowe Bergdahl.

To listen to "Serial" on your computer, tablet, or smart phone, you can go directly to the podcast's website, [serialpodcast.org](http://serialpodcast.org). Tap or click "listening guide" under Season Two, scroll down, and tap or click "Play" next to the episode you want to hear.

Tablets and smart phones often come preloaded with apps that make all this easier and allow you to subscribe to podcast series. The iPhone app is called "Podcasts"; on Android devices, it may be called "Stitcher." By tapping the Podcast icon, you'll get a screen that suggests various featured selections, but you can also search for podcasts, by title or subject, by tapping the magnifying glass on the lower right corner of the screen. (On older devices or desktop computers, you may be prompted to download a podcast manager, such as iTunes.)

How to choose among millions of podcasts? One might start by searching NPR on a podcast app or reviewing the podcasts offered on the NPR website ([www.npr.org](http://www.npr.org)). IT Task Force member Harriet Bergmann likes to listen to "All Things Considered." When she's not near a radio, she "streams" it by going to the website of a radio station (local, or far away) and clicking "live." This plays whatever's on, in real time, and turns your laptop into a powerful portable radio. Harriet even listens to Saturday opera from the Met on WQXR. You

can listen to episodes of most radio shows as podcasts whenever you please, including NPR offerings such as "TED Radio Hour," "The Moth," and "Wait, wait ... don't tell me!" Bookmark NPR if you listen to it regularly. That's especially handy when you've already donated to your local station and you want to hear the news without the fund-raising!

HINT: To stop a podcast before it's over, tap the pause icon—two bars that look like a large equal sign set on its end. HomeHaven IT Task Force volunteers are ready to help you enjoy podcasts. Just call the office at 203-776-7378 to set up a consultation.

*Christa Sammons is a member of HomeHaven's Information Technology (IT) Task Force. This article was written in collaboration with members Norman Chonacky (chair) and Harriet Bergmann. Suggestions for subjects are welcome and may be sent to Christa at [christa.sammons@gmail.com](mailto:christa.sammons@gmail.com).*



## ***Happy Birthday to HomeHaven members with a birthday in April***

Lucy Ambach   Norman Andrews  
Lyn Belt   Lenore Berkson  
Pauline Duda   Nancy Eisenfeld  
Harvey Feinberg   Steve Gurney  
Pat Kane   Fred Linton  
Tom Martin   Judy Moore  
Martha Peterson   Caroline Rosenstone  
Nan Ross   Nancy Ruddle  
Karen Schneider   Sylvia Van Sinderen  
John Wilkinson   Werner Wolf  
Bernard Zuckerman   Marilyn Zuckerman



**YOU CAN HELP US CARRY ON!**  
**Make a place for HomeHaven**  
**in your will.**



## ONGOING GROUP MEETINGS

### BOOK GROUP

**Monday, April 3, 10:00-11:30 am**, at the home of Jane Jervis, 36 Lincoln St, New Haven, to discuss *Cooking for Picasso: A Novel*, by Camille Aubray, about art, family, the Riviera and romance. RSVP to Jane at 203-773-3503 or [hh.jervis@comcast.net](mailto:hh.jervis@comcast.net). For our next meeting (Monday, May 1) the book is *Thank You for Being Late: An Optimist's Guide to Thriving in the Age of Accelerations*, by Thomas Friedman. Join us for the discussion!

### COOKING IN DIFFERENT LANGUAGES:

#### Cuban

**Wednesday, April 19, 6:30 pm**

**Sign-up deadline is Sunday, April 9. Please respond by then!** It is crucial in the early stages of planning to have an accurate count of attendees. RSVP to Celeste Markle at [c\\_markle@yahoo.com](mailto:c_markle@yahoo.com). If you don't use email please call her at 203-397-0492 or call the office. **Newcomers are always welcome**—it's a great way to meet other HomeHaveners. Contact Celeste for more information.

### PINS AND NEEDLES

**Monday, April 24, 3:30 pm** at the home of Jeanne Drury. RSVP to her at 203-281-3227 or [JeanneDrury@aol.com](mailto:JeanneDrury@aol.com). The group now meets once a month on the fourth Monday of the month. Bring whatever project you are working on and enjoy good company and refreshments. New members are always welcome. For more information call or email Jeanne Drury (see above). Please always let your hostess know whether or not you plan to attend.

### MEMOIR WRITING GROUPS

The groups meet on the second and fourth Mondays of the month for an hour and a half. For more information or if you wish to attend a meeting to see how it works, contact Harriet Bergmann at 203-776-0703 or [hfb183@gmail.com](mailto:hfb183@gmail.com).

## Connecticut's Iron Trail A HomeHaven Tour: May 19, 2017

Did you know that the bucolic northwestern corner of Connecticut that includes the towns of Salisbury, Canaan, Sharon, Kent, Litchfield, and Lakeville, among others, was once an area of national importance in the development of our nation's iron industry? Dick Bell, a member of Hamden Village, is organizing a tour to this 18th and 19th century industrial district.

The area had the four requirements needed to sustain the iron industry: a reliable source of iron ore; fuel to feed the fires of the blast furnaces; a source of power; and limestone which when melted served as a flux to carry off impurities. The construction of the Lakeville blast furnace in 1762 brought a dramatic change from the "village smithy" era. Cast iron and pig iron produced by the hotter blast furnaces led to industrial scale production of railroad wheels, nails, farm implements, rifle barrels, and cannon balls. Iron production peaked at 24,000 tons in 1886, but a shortage of fuel as the hills were denuded of trees led to its decline. The last furnace went cold in 1923.

Travel will be by a 24 passenger bus leaving IKEA in downtown New Haven between 8:00 and 8:30 am, returning between 4:00 and 5:00 pm. It will include a guided tour by a local historian of two blast furnaces, with lunch at a private Fishing Club on the Housatonic River. The cost of the tour and lunch is \$45 per person. We have reason to believe that this tour will fill up very quickly. Twelve people are already on board, so the sooner you sign up the better! Please call the office (203-776-7378) to sign up and send \$45 to reserve your place.



**THE  
great Give®**  
**MAY 2-3, 2017**  
A 36-hour, online-giving event  
to support local nonprofits



The Community Foundation  
for Greater New Haven





## Events: April



**Thursday, April 6, 7:00 pm**

**Mud Follies**

**Whitney Cultural Commons,  
1253 Whitney Avenue, Hamden**

It's show time again for the stars of HomeHaven, that amazing array of talents to be found among our members. A variety show like no other, the 12 fabulous acts will delight you. A reception, with light refreshments provided, follows and it is all free.

1253 Whitney Avenue, the former parish house of the Whitneyville Church, is two miles north of the HomeHaven office (291 Whitney Avenue), on the right, just past the intersection with Putnam. Parking is on the grounds and across the street. Please note that bathrooms are only accessible from the ground floor entrance at the rear of the building.

**Thursday, April 20, 11:00 am**

**Tour of Family History Center and Lunch at  
Woodbridge Church of the Latter-Day Saints  
Meetinghouse, 990 Racebrook Road, Woodbridge**

Open to the public free of charge, the Family History Center is a unique resource for anyone interested in genealogy. From films and fiche to databases and the Family Center Portal which gives access to premium family history software and websites that generally charge for use—it's all there! In addition, trained volunteers are available for assistance during Center hours and by appointment. Come learn more about this remarkable institution.

This is a free event complete with lunch provided by the Center. **Sign-up is required by Thursday, April 13 at 3:00 pm.** Please call or email the office if you plan to attend.

**Monday, April 24, 3:30 pm**

**Shulamith Chernoff, reading from her just  
published second volume of poems  
Mitchell Library, 37 Harrison Street, Westville**

In the words of Vivian Shipley, Connecticut State University Distinguished Professor, "Shula's second book of poetry, *Solace*, maps what lodges in the heart with restraint, elegance and the authority born of experience. Rooted in a complex history, the poems are wise and learned. Throughout, the core subject of loss is tempered by joy, by beauty found

in crimson of a Japanese cherry tree, by redemption that comes through art that, like the poems in this collection, will endure."

Shula studied at the Teacher's Institute of the Jewish Theological Seminar and at Columbia University and was deeply influenced by her parents. After her husband died suddenly in 1972, she raised her six children in New Haven and taught at Southern Connecticut State University.

## *And coming in May:*

**May 2-3**

**The Great Give:** Limber up your fingers and get ready to support HomeHaven with an on-line donation. Watch for instructions for how to help HH win prizes!

**Friday, May 5, 3:00 pm**

**Susan Feinberg talk: "Othello and Desdemona's  
Marriage: Consummated or not Consummated  
and Why It Matters"**

Community Room, 100 York Street, New Haven  
A repeat of the talk, interrupted in February.  
(See story, p. 7).

**Friday, May 19, 8:00 am – 5:00 pm**

**Tour of Connecticut's Iron Trail** (full details on p. 9)  
Bus & lunch, \$45. Call the office **NOW** to reserve your place.

**and COMING IN JUNE!**

**the HOMEHAVEN**

**SHREDDING**

**EVENT**

***An important service for HomeHaven  
members, friends, and neighbors!***

**WHEN & WHERE: TBA**

**WHY:** You lose unwanted pounds!  
HomeHaven gains dollars! **Profits above  
the cost of the shredding service go to  
HomeHaven.**

***LET THE SORTING BEGIN!***

**HOMEHAVEN OFFICE**

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